

PRESS RELEASE 0607-22

FOR IMMEDIATE RELEASE

CONTACT DEBRA APPEL, FOOD SERVICES MANAGER/Q4e HIGH LEVELS
OF WELLNESS CHAIR

(949) 497-7700 Ext. 216

Last year was *FUN*... but this year is going to be **AWESOME!!**

***You don't want to miss
The 2nd Annual
LIFELONG FITNESS FAIR!!***

**SATURDAY, MAY 19TH
10 a.m.-3 p.m.
at
EL MORRO ELEMENTARY SCHOOL**

Join the fun and be a part of the movement for LBUSD's Quest for Excellence (Q4e) programs that explore the cutting edge in Lifelong Fitness and Nutrition for families of all fitness levels!

**GAMES, CLASSES, PERFORMANCES, PRIZES, FOOD,
GOODIE BAGS AND MORE!**

SAVE THE DATE and CELEBRATE!

For more info go to:
www.lifelongfitnessfair.com